

Table of Contents 2011/2012

Index of Advertisers 2011/2012.....	1
Emergency Numbers.....	3
Introduction	5

YOUR HOME 7

Welcome to Switzerland!	9
To Rent or not to Rent?.....	15
Make Yourself at Home	29
Gardens and Gardening	47
Potentially Toxic Outdoor Plants	54

TRAVEL 55

Getting Around Town.....	56
Parking.....	73
Outings and Trips.....	83
Holidays.....	137

FOOD 147

Night Life.....	149
Restaurants.....	159
Eating Out with Kids	171
Wineries and Breweries.....	183
Specialist Food Shops.....	189
Chocolate!.....	199

LEISURE 207

January through November	209
December Festivities.....	219
Entertainment.....	225
Sports	229
Swimming Pools and Lessons.....	265
Winter Activities.....	279
Museums	297
Parks and Playgrounds	309
Calendar 2011/2012	322
Holiday Camps and Workshops.....	323
Organizing a Party.....	341
Adult and Youth Clubs	373
Religious Groups	379

EDUCATION, COURSES, AND WORK 385

Schools and Universities.....	387
Language Courses	413
Special Needs	425
Music and Dance Classes	435
Creative Courses.....	449
Jobs and Money Matters.....	463

FAMILY 475

Health and Wellbeing	477
Pre-Natal and Newborn Care	509
Maternity Wear and Supplies.....	523
Parent and Baby/Child Activities	527
Daycare and Babysitting.....	545
Romance and Heartbreak.....	569
Pets	573

SHOPPING 585

Shopping in Switzerland.....	587
Shopping in France	611
Hairdressers.....	621
Clothes and Shoes	623
Toys and Play Equipment.....	639
Multimedia.....	645

INFORMATION 659

Know-it-all's Must-Knows.....	661
Checklists.....	669
Country Contact Information	673
Index	677
Geneva Map	704-705
Lausanne Map.....	706-707
Lake Geneva Map.....	708-709
Index of Cities for Lake Geneva Map ...	710
Map of Geneva/Vaud Communes.....	711
Map of Switzerland's Cantons.....	712
Contributors.....	714

A full 27-page
INDEX
on page 677