

### Back to school – 6 top tips for a successful “rentrée”

- 1) **Get kids to prep for the course they will be studying.** If they don't already have the books there is a huge amount of resources online where you can help them get familiar with the kind of things they will need to cover. Click here for links to helpful resources (see page two)
- 2) **Kit out your kids before term starts.** It often takes up valuable time in the first hectic week back if kids don't have all the equipment they need. You should get a list from their school or a chat with other parents about what they will need.
- 3) **Keep learning during the holidays.** The temptation is to run off on holiday and not think about school until the end of August. This make it hard for kids to get back in the habit of learning, plus they forget so much over such a long period. For older kids revision is a good idea and for the younger ones there are some great activity books you can order online through Amazon, they will also double up as travel entertainment on long journeys.
- 4) **Try to identify potential gaps from a change in curricula.** This is especially important for kids changing between education systems. Every education system teaches different subjects at different times and following a move a student often finds that they have to do work for which they do not have the foundation. This is when the parents or a tutor can make a huge difference by helping bridge this gaps, which can cause issues later on.
- 5) **Keep the language they learn in fresh.** If your kids learn in English but speak another language at home it is a good idea to keep them exposed to English ahead of their return to school. This could be via play dates, activities or reading books and watching films in the language they learn in; same goes for French, or German.
- 6) **Ease kids back into a routine gradually.** Everyone enjoys the relaxed pace of life on holiday, but it helps a smooth start to term if kids have got into the habit of going to bed and getting up closer to the term time routine. Younger ones often need time to adapt to the school mealtimes.

## Links to online resources for students and parents

We have compiled a list of links to helpful resources that you can use, focusing on the subjects we are most often asked to help with.

### General

The IB store where many IB specific resources and past papers etc can be purchased online

<http://store.ibo.org/>

Study help for GCSEs

<http://www.gcse.com/>

### Homework help or study skills

<http://www.childdevelopmentinfo.com/learning/studytips.shtml>

<http://www.topmarks.co.uk/parents/homework.aspx>

### Maths resources

<http://www.ibmaths.com/>

Huge range of resources, some of which are free

<http://www.ixl.com/>

A great site for fun Maths games for younger kids

### Chemistry

<http://ibchem.com/>

A great resource for all aspect of the IB SL and HL course

### Biology

<http://click4biology.info/>

A good comprehensive revision site

### Psychology

<http://ibpsychology.com/>

A really great resource for everything related to IB Psychology